All Saints Catholic Community

Level Two: Holy Communion

A NOTE ABOUT SACRAMENTS IN THE DIOCESE OF GAYLORD
and
ALL SAINTS CATHOLIC COMMUNITY

In the Diocese of Gaylord, young Catholics receive the Sacraments of Initiation (Baptism, Confirmation, and Holy Eucharist) according to Restored Order. This means that Confirmation is "restored" to its place before First Communion. Preparation for these Sacraments, as well as for Reconciliation, takes place following the age of reason, which varies, but usually takes place around 7 years of age.

Sacramental Preparation within the All Saints Catholic Community is readiness based. The preparation program is designed as a three-year program, however, we recognize some youth and families may progress through the program in as little as two years and others may take a little longer. The readiness model helps all families become proficient with Catholic themes and prayers at their own pace and greater mastery is gained as the family progresses through the materials.

This student workbook was designed to assist our youth and families as they discuss and learn the sacramental preparation material. It may also be used to help guide discussions with your family's mentor.

A special thank you to St. Mary Cathedral and Fr. Matthew Wigton for permission to adapt their materials and Hannah Allen for allowing us to use her art work.

LEVEL TWO QUESTIONS AND ANSWERS

☐ 1. Do I participate in every Sunday Mass and Holy Day of Obligation? 3
☐ 2. Do I pray every day? How do I live my relationship with Jesus on a daily basis? 5
☐ 3. Have I finished reading the 125 featured stories in the Catholic Children's Bible? . . . 6
☐ 4. Have I memorized the "St. Michael" and "Angel of God" Prayers? 6
☐ 5. Have I reread the *New Saint Joseph First Communion Catechism*? 8
☐ 6. Who is the Trinity? Review and describe the Father, Son, and Holy Spirit 8
☐ 7. Am I familiar with the "Hail Holy Queen" and "The Apostles Creed"? 9
☐ 8. What are the two greatest commandments that Jesus gave us? 11
☐ 9. Have I read the Catholic Children's book, *The Seven Sacraments*? 11
☐ 10. Can I list all 7 sacraments? 12
☐ 11. Have I read the Catholic Children's book, *The Mass for Children*? 14
☐ 12. What is the Altar? What happens on it? 14
☐ 13. Why do we say a prayer of thanksgiving after Mass? 15
☐ 14. Have I read the Catholic Children's book, *Receiving Holy Communion*? 16
☐ 15. What is the Holy Sacrament of the Eucharist? 16
☐ 16. How do I prepare to receive Jesus in the Eucharist? 17
☐ 17. Do I know how to receive Jesus in Holy Communion? 18
☐ 18. What do I tell Jesus after I receive Him in Holy Communion? 19
☐ 19. When should I not receive Jesus in the Eucharist? 19
☐ 20. Do I desire to receive Jesus in the Eucharist? 20
☐ 21. What is a tabernacle and where is it in the church? 20
☐ 22. Why is there a candle next to the tabernacle? 21
☐ 23. What is Eucharistic Adoration? 22
☐ 24. Why should I pray to Mary the Mother of Jesus? 23
☐ 25. Do I have a Rosary? Have I prayed a Rosary with my family? 25
☐ 26. Has my love for Jesus and Mary grown? 27
☐ 27. Has my family attended the monthly Family Faith Formation nights? 28
☐ 28. Have I received the Sacrament of Reconciliation recently? 28

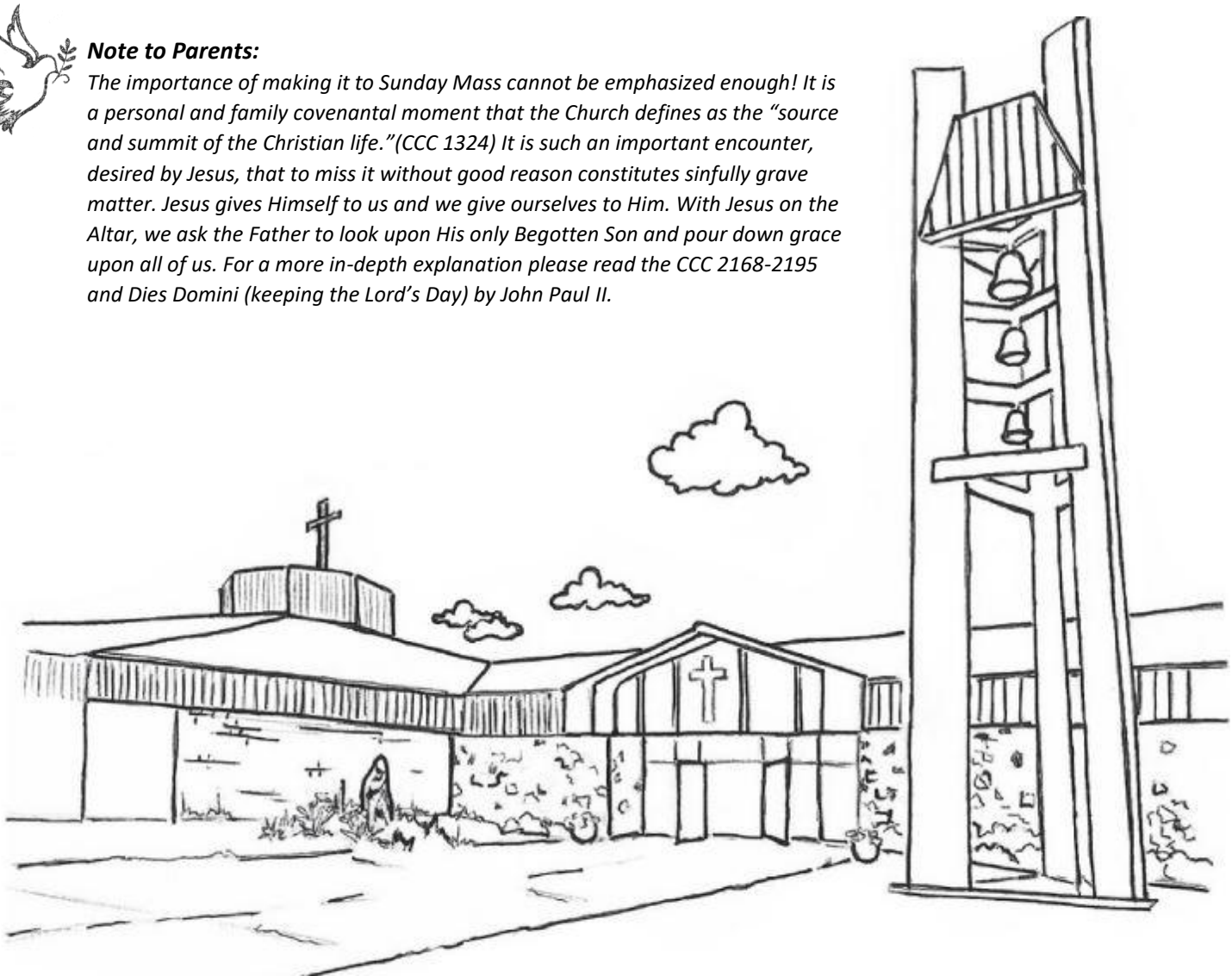
Question 1

Do I participate in every Sunday Mass and Holy Day of Obligation? (Unless there is a serious reason, such as illness?)

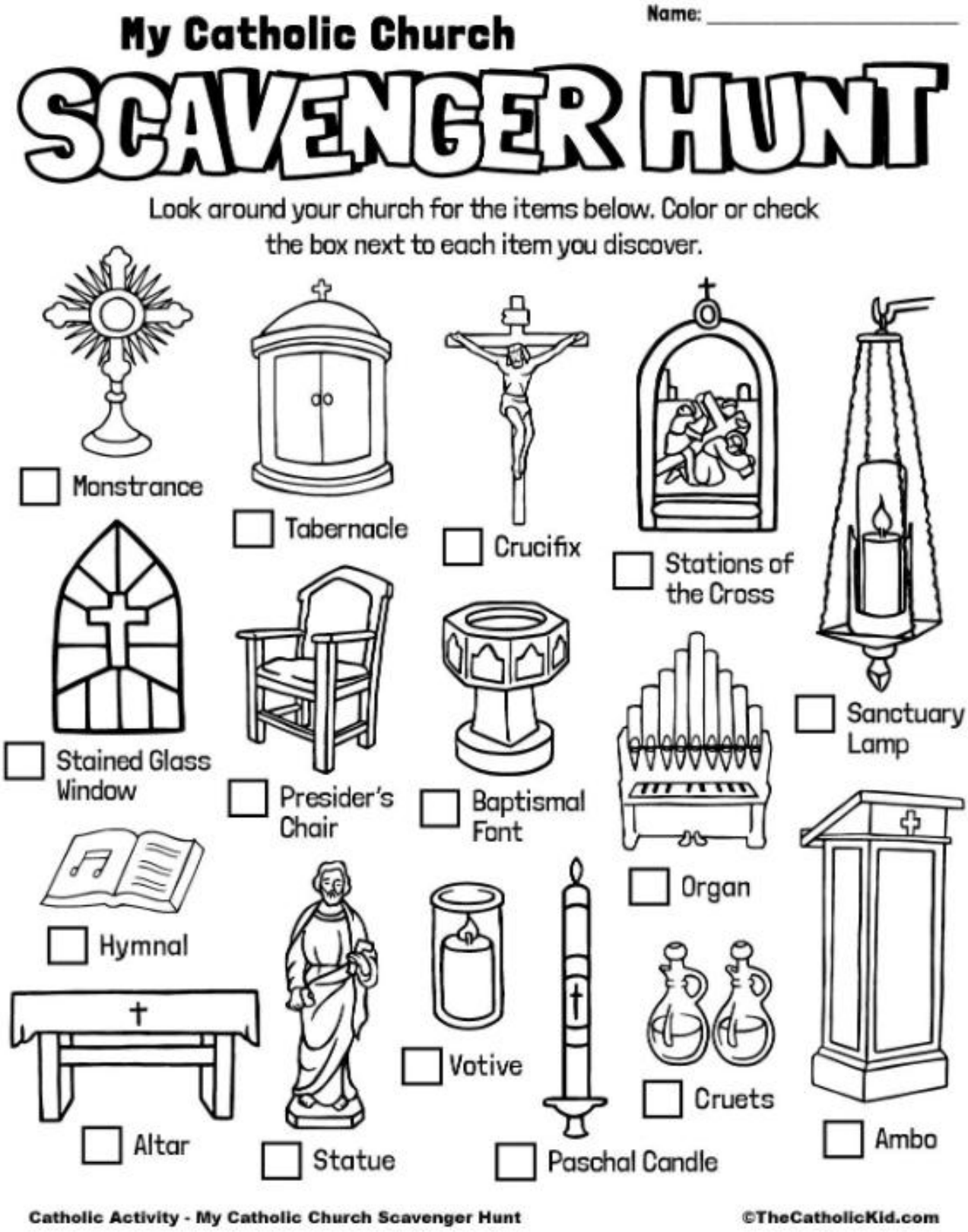
It is extremely important that we put into practice the third commandment to "Keep Holy the Sabbath" and Jesus' command at the Last Supper; "Do this in memory of me".
On the Sabbath (Seventh Day) the Israelites were asked to rest from work in order to acknowledge their relationship with God as being the priority. It was a day of thanksgiving to God for all His blessings.

Since Jesus Christ is the fullness of blessings given to all of us the day of His resurrection (Lord's Day or Sunday) becomes the special day to remember and to celebrate our covenant with God. We rest from work to make God the priority and we fulfill Jesus' word "Do this in memory of me" by renewing our covenant with Him in the celebration of the Eucharist. In the Eucharist we give thanks for Jesus, sacrificed for us and re-presented to us on the Altar. We come together as the Family of God, united by His Word and by His Body and Blood.

Note to Parents:
The importance of making it to Sunday Mass cannot be emphasized enough! It is a personal and family covenantal moment that the Church defines as the "source and summit of the Christian life."(CCC 1324) It is such an important encounter, desired by Jesus, that to miss it without good reason constitutes sinfully grave matter. Jesus gives Himself to us and we give ourselves to Him. With Jesus on the Altar, we ask the Father to look upon His only Begotten Son and pour down grace upon all of us. For a more in-depth explanation please read the CCC 2168-2195 and Dies Domini (keeping the Lord's Day) by John Paul II.



What do you see when you are at Mass? Can you complete the scavenger hunt below?



Page used within expressed permissions.

Do I pray every day?
How do I live my relationship with Jesus on a daily basis?

We cannot have a relationship with Jesus without prayer. **Prayer is anytime we give our hearts and minds to God. It can be a simple conversation with God in which we listen and speak to Him as His children and as His friends. It is being mindful of His loving presence in which we thank Him, love Him, petition His help and offer to Him all our actions.**

Both children and adults should develop this habit of spontaneous prayer so that it becomes always present, from our waking to our sleeping. The prayers need not be long, only from the heart.

Spontaneous prayer should also extend to conversation to the angels and saints, above all to Mary as our Heavenly Mother wanting to help us love her Divine Son.

What is a short, spontaneous prayer you could pray when you get up in the morning?

_____

_____

_____

_____

Note to Parents:
With this question we are trying to ensure your child is able to spontaneously talk with Jesus and through this dialog to open themselves up to His presence. As Jesus becomes their best friend, they will begin to see all the ways He takes care of them and that they can trust Him. Their love for Him will grow and they will naturally desire to meet Him more fully in the Sacraments.

What is a short, spontaneous prayer you could pray during the afternoon?

_____

_____

_____

_____

What is a short, spontaneous prayer you could pray in the evening?

_____

_____

_____

_____

Have I finished reading the 125 featured stories in The Catholic Children's Bible by St. Mary's Press?

The Catholic Church encourages us to make reading the Bible part of our daily lives. As we read the inspired Word of God, we grow in our relationship with Him. As we read about God's relationship with the people He's called to himself, we see our own Salvation History revealed.

The Catholic Children's Bible highlights 125 key Bible stories (see pages 7-11) to help children know and understand God's saving plan.

I have read _____ of the 125 stories.

My favorite Old Testament story is _____

_____, because

_____

_____.

My favorite New Testament story is _____

_____, because

_____

_____.

Have I memorized the "St. Michael" and "Angel of God" prayers?

☐ Yes

☐ No

Note to Parents:
Memorizing prayers teaches children how to pray and offers essential support to the life of prayer. Memorized prayers help us connect in prayer together as a family. They also help us as we come together as one body during public liturgies.

Feel free to use the lines on the following pages to practice the prayers.

THE ST. MICHAEL PRAYER

St. Michael the Archangel, defend us in the day of Battle; Be our safeguard against the wickedness and snares of the Devil. May God rebuke him, we humbly pray, and do Thou, O Prince of the Heavenly Host, by the power of God, cast into Hell, Satan and all the other evil spirits, who prowl through the world, seeking the ruin of souls. Amen.

THE ANGEL OF GOD PRAYER

Angel of God, my guardian dear, to whom God's love commits me here. Ever this day, be at my side, to light and guard, to rule and guide. Amen

Question 5

Have I reread the New Saint Joseph First Communion Catechism?

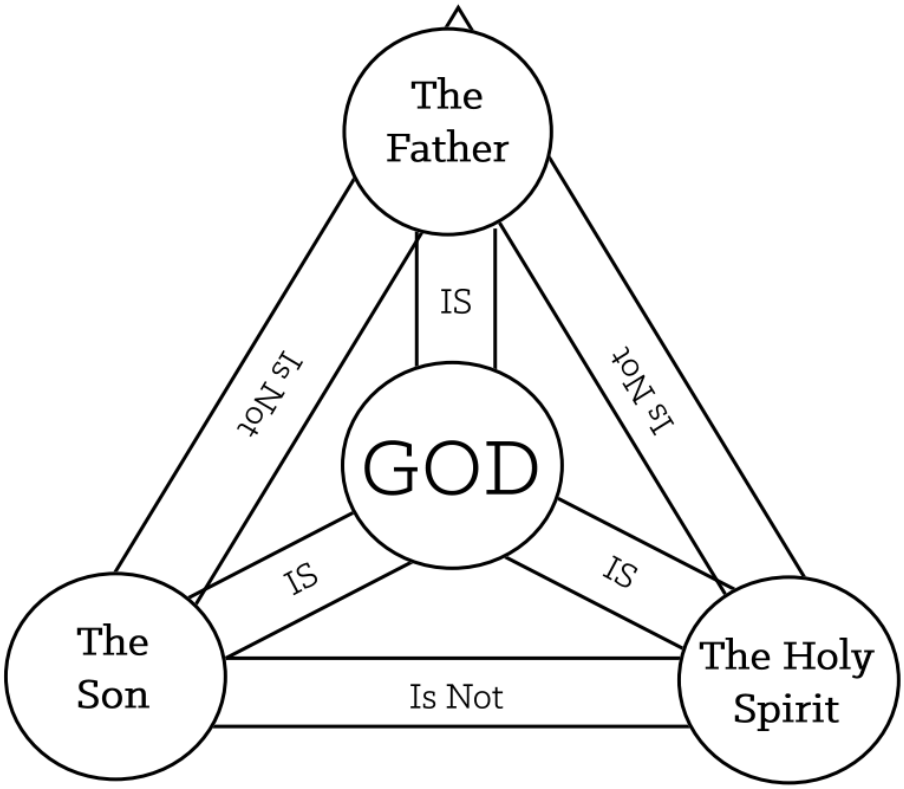
Three things that stood out to me are:

1. _____
2. _____
3. _____

Questions I have for my mentor or Father are:

Question 6

Who is the Trinity?
Review and describe the Father, Son, and Holy Spirit.

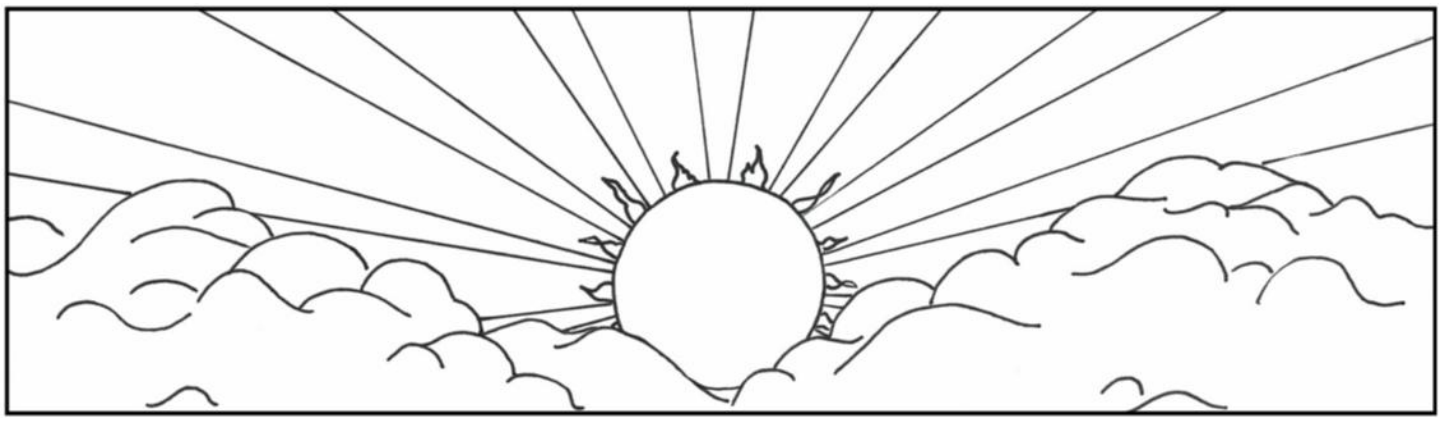


There is one God.
This God is three persons.

God the Father. He is our Father and the creator.

God the Son. He is our teacher and Savior.

God the Holy Spirit. He is our guide and the giver of grace.



The image of the sun is sometimes used as an example to explain this mystery: The Father is like the gases burning, the Son is like the light, and the Holy Spirit being like the heat. Fuel, light and heat all make up the Sun. They cannot be separated, yet they are each different.

What is another analogy you've heard used to describe the Trinity?

_____

_____

_____

Note to Parents:
While analogies to describe the Trinity are not perfect, they sometimes help us better understand this central mystery of our faith.

Am I familiar with the "Hail Holy Queen" and "The Apostles Creed"?

☐ Yes

☐ No

Note to Parents:
It is not necessary for children to have these prayers completely memorized, but each child should be able to follow along and pray the prayer with others. Praying the Rosary together is good way to be exposed to these prayers.

Recite the prayers on the following pages often.

The Apostles Creed

I believe in God, the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and life everlasting. Amen.

Hail Holy Queen

Hail, Holy Queen, Mother of Mercy,
our life, our sweetness and our hope.
To thee do we cry, poor banished children of Eve.
To thee do we send up our sighs,
mourning and weeping in this valley of tears.
Turn then, most gracious advocate,
thine eyes of mercy toward us, and after this our exile
show unto us the blessed fruit of thy womb, Jesus.
O clement, O loving, O sweet Virgin Mary.

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

What are the two greatest commandments that Jesus gave us?

Read Matthew 22:36-40 and complete the following sentences.

Love the Lord your God

with all your _____,

with all your _____,

and with all your _____.

This is the _____ and

_____ commandment.

The second is similar:

Love your _____

As you love _____.

Note to Parents:
Love is the heart of God's message to us. If we truly learn to love, we will open ourselves up to God and to our neighbor. Love will help us live and act like Jesus. All our thoughts and actions will then be done in and with love.

Have I read the Catholic Children's book, The Seven Sacraments?

Three things that stood out to me are:

1. _____
2. _____
3. _____

Questions I have for my mentor or Father are:

Can I list all 7 sacraments?

The sacraments are places we encounter God and receive His grace. Jesus Himself instituted the sacraments to continually give Himself to each one of us.

Sacraments of Christian Initiation: **1) Baptism, 2) Confirmation, 3) Eucharist**.
They initiate us into the life of Christ.

Sacraments of Healing: **4) Reconciliation / Confession, 5) Anointing of the Sick.**
Reconciliation heals us by reuniting us with God and giving us strength to avoid sin. Anointing of the sick always consoles us with peace and strength. It may also impart healing if God wills it.

Sacraments of Service: **6) Holy Orders, 7) Marriage.**
These sacraments are directed towards the salvation of others; if they contribute as well to our personal salvation, it is through service to other that they do so. (see CCC 1534.)

The sacraments of _____, _____,

and _____ , make us Christians and unite us to Jesus. ***This is***

how we receive the Gift of God*.*

_____ and _____

heal us both spiritually (our hearts) and physically (our body). ***This is how we clean the Gift if it***

gets dirty or if we need strength to hold it.

The sacraments of _____ and _____

are ways God calls us to love and serve others. ***This is how we share the Gift with others.***

Practice writing down the seven sacraments below.

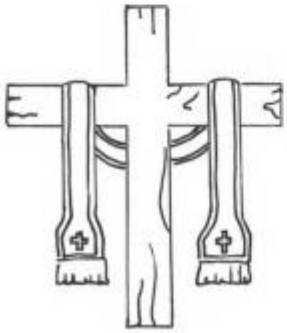
1. _____

2. _____

3. _____

4. _____

5. _____



6. _____

7. _____

Have I read the Catholic Children's book, *The Mass for Children*?

The Parts of the Mass are:

1. The _____ Rites
2. The _____ of the _____
3. The _____ of the _____
4. The _____ Rites

Three other things that stood out to me are:	Questions I have for my mentor or Father are:
1. _____ 2. _____ 3. _____	

What is the Altar? What happens on it?

Altars are a special table used for sacrifice where things are offered to God.

The Altar is always at the center of the sanctuary, it is the central point of our worship because it is the place where Jesus comes to us in His Precious Body and Blood. We are His family reunited before the Altar.

On the Altar we offer Jesus, the Son of God, to the Father for the forgiveness of our sins. His sacrifice on the cross is represented to us on the Altar; the graces of His death and resurrection are poured into our time and space through the sacrifice of the Mass.

As we partake of Jesus in the Eucharist we entrust ourselves to Him so He may give us to the Father.

Draw a picture of the Altar at your parish.

Why do we say a prayer of thanksgiving after Mass?

In Mass we hear God speak to us in the readings and we received Jesus in the Eucharist. God gives us so much!

It is good to spend a few moments after Mass to thank God for the gifts we have received. You can use an already written prayer like the one on the right. Or make up your own on the lines below.

_____

_____

_____

_____

_____

_____

A Prayer of Thanksgiving

Almighty God, we thank you for the gift of your holy word. May it be a lantern to our feet, a light to our paths, and a strength to our lives. We thank you for the food you offered us in this sacrament, which united us with Christ, and has given us a foretaste of the heavenly banquet. Take us and use us to love and serve in the power of the Holy Spirit and in the name of your Son, Jesus Christ our Lord. Amen

Question 14

Have I read the Catholic Children's book, *Receiving Holy Communion*?

Before Holy Communion I should:

1. Think of _____
2. Say _____
3. Ask _____

Three other things that stood out to me are:

1. _____
2. _____
3. _____

Questions I have for my mentor or Father are:

Question 15

What is the Holy Sacrament of the Eucharist?

The Eucharist is the Body and Blood of Jesus.
Jesus is totally present both in His divinity and humanity.
He is totally present - even in the smallest amount of the consecrated host or precious blood.

In the Eucharist we receive the Risen Jesus, who died for us.

Note to Parents:
Help your child remember that Jesus is truly present Body, Blood, Soul, and Divinity in the Eucharist by visiting Jesus in the Tabernacle each time you enter a Catholic Church.

Before the words of consecration, the host is merely unleavened bread and wine from grapes. After the words of consecration, it is no longer bread and wine, but rather the Body and Blood of Our Lord. This is true even though it still appears to be bread and wine.

This is called **Transubstantiation.**

The Real Presence: Jesus is present in the Eucharist

B _____

B _____

S _____ **&**

D _____

Picture, by St. Mary Press, used within expressed permissions.

How do I prepare to receive Jesus in the Eucharist?

What would you do before getting ready to meet someone very special?

Maybe you'll put on nice clothes or do your hair. Maybe you'll think about all of the things you'll tell or ask that special person. Maybe you will arrive at your meeting place early.

What will you do before meeting Jesus at Mass?

The Church asks us to do the following before we receive Jesus in the Eucharist:

1. Fast for _____ before Holy Communion.

2. To go to _____ if we have mortal sins on our soul or if it has been a while since we last went.

We should also participate in Mass by listening to the _____, saying the

_____ and _____ the songs.

Question 17

Do I know how to receive Jesus in Holy Communion?

Receiving Jesus in the Eucharist is a special moment we get to celebrate at each Mass. We approach Jesus with reverence, we receive Him eagerly, and we return to our seats while reflecting on the gift we just received.

Note to Parents:
Watch the YouTube video called Sacraments 101: Eucharist (How We Receive) by Busted Halo with your child. This video provides a good explanation and demonstration on how best to receive Jesus in the Eucharist.

Match the explanation below with the correct picture(s).

- As you walk up for communion keep in mind you are going to receive the Body, Blood, Soul, & Divinity of Jesus. Approach Jesus in a reverent manner.

- We make a bow as a sign of reverence toward the Eucharist before receiving the Precious Body. We bow again before receiving the Precious blood (or while walking past if we do not choose to receive.)

- We say this after we hear the words, “Body of Christ” or “Blood of Christ”.

- We are offered two ways to receive Jesus in the Eucharist.

Amen

- St. Cyril of Jerusalem once instructed, “Receive Communion by making a throne: one hand under the other, ready to receive our great King.”

What do I tell Jesus after I receive Him in Holy Communion?

We receive a precious gift in the Eucharist - Jesus! It's important to give Jesus our full attention after we receive Him. We may need to close our eyes as we kneel after Communion so we are better aware of His loving presence.

Jesus is our friend, and we can tell Him whatever we like. You may want to say, "Thank you Jesus for being with me," or, "Jesus, I trust in you," or maybe, "I love you Jesus." Jesus wants to hear what is on your heart, so always take a few moments after Communion to tell him.

If you received Jesus in the Eucharist today, what would you say to Him?

_____

_____

_____

_____

_____

When should I not receive Jesus in the Eucharist?

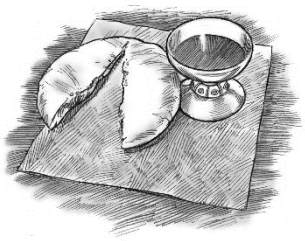
The Eucharist is helpful and we benefit from the grace Christ offers us in Holy Communion, but there are times when we shouldn't receive:

1. If we have committed a mortal sin
2. If we have not gone to confession in at least a year
3. If we have not fasted for 1 hour prior to Communion
4. If we have already received twice in the same day

Note to Parents:
As a reminder, those individuals who are unable to receive Holy Communion for any reason, are invited to come forward with their arms folded across their chest to receive a blessing.

Question 20

Do I desire to receive Jesus in the Eucharist?



Picture, by St. Mary Press, used within expressed permissions.

☐ Yes

☐ No

How might receiving Jesus in the Eucharist change you?

_____

_____

_____

_____

Question 21

What is the tabernacle and where is it in the church?

The tabernacle is the beautiful container where we put the Sacrament of the Eucharist that remains after Mass.

It is like a little house for Jesus.

We put Him there so we can take Him to all the sick and elderly that are not able to come to Mass.

We also can visit Jesus in the tabernacle in order to spend time with Him and to pray.

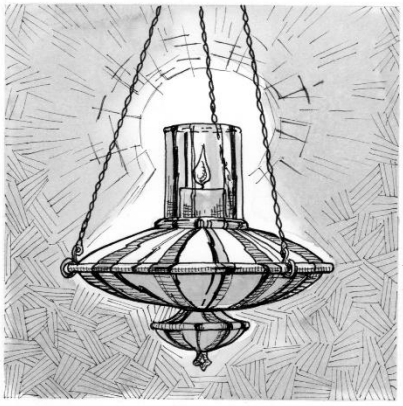
At my parish, _____, the tabernacle is

in the sanctuary -or- *in the chapel.*

(circle 1)

Draw a picture of what the tabernacle looks like in you church.

Why is there a candle next to the tabernacle?



Picture, by St. Mary Press, used within expressed permissions.

Jesus is here!

A lit candle near the tabernacle, known as the sanctuary lamp, shows us that Jesus is present in the Blessed Sacrament. This candle is usually in red glass to distinguish it from the other church candles.

Did you know, the only days the Blessed Sacrament isn't in the tabernacle are Good Friday and Holy Saturday (until after the Liturgy of the Eucharist at the Easter Vigil)?

When Jesus is home the door is _____ and the lights are _____.

When He is away the door is _____ and the lights are _____.

Question 23

What is Eucharistic Adoration?

Adoration is the worship that is due to God.

Eucharistic Adoration is the worship we give to Jesus Christ in the Blessed Sacrament, acknowledging Him present in His Body, Blood, Soul and Divinity.

It is good to adore, love, and thank Jesus in the Blessed Sacrament.

Note to Parents:
Make brief visits to the Chapel or to Eucharistic Adoration with your child to spend some time with Jesus. Encourage your child to recognize Jesus' Real Presence in the Eucharist and to speak with Him.

Page used within expressed permissions.

Question 24

Why should I pray to Mary the Mother of Jesus?

Mary is the Mother of Jesus, she never sinned, she loves Jesus more than anyone, she wants to help us love her Son.

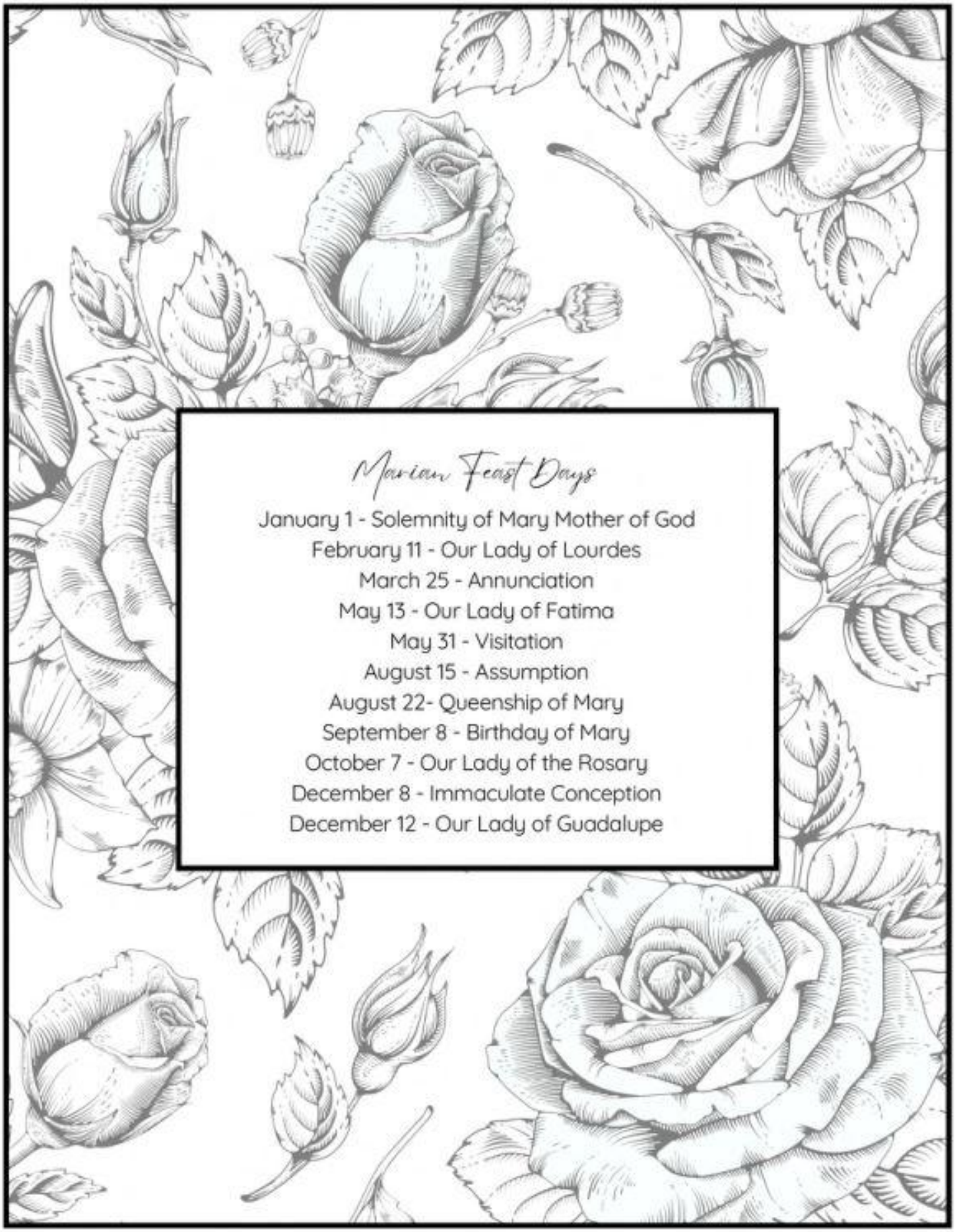
Mary is always interceding for us. Jesus gave her as a mother to each one of us while He was on the Cross so that she might help us to receive His love and forgiveness.

We are blessed to have a number of beautiful feast days dedicated to Our Blessed Mother.

Each feast day offers us an element of reflection and celebration regarding Mary.

The months of May and October are dedicated to Mary. These are good months to focus on praying the Rosary.

Note to Parents:
Catholics don't worship Mary. We pray to Mary, but not in the same way we pray to God—and not to worship her as a god. Through our prayers we ask Mary to intercede and pray for us.


Marian Feast Days
January 1 - Solemnity of Mary Mother of God
February 11 - Our Lady of Lourdes
March 25 - Annunciation
May 13 - Our Lady of Fatima
May 31 - Visitation
August 15 - Assumption
August 22- Queenship of Mary
September 8 - Birthday of Mary
October 7 - Our Lady of the Rosary
December 8 - Immaculate Conception
December 12 - Our Lady of Guadalupe

Do I have a Rosary? Have I prayed a Rosary with my family?

"The Rosary is the 'weapon' for these times."
-Saint Padre Pio

Praying the Rosary helps us understand and live the mysteries of the Gospel. It also helps us know Jesus better.

Mary was present throughout Jesus' life. By praying the Rosary, we can think about how to serve God by following her example.

In Workbook 3, youth are asked to pray the Rosary on their own. The best way to learn is simply by praying the Rosary often. At this level, we ask families to pray the Rosary together as you learn which beads represent the "Our Father" and which ones represent the "Hail Mary".

Do I own a Rosary?

☐ Yes

☐ No

Page used within expressed permissions.

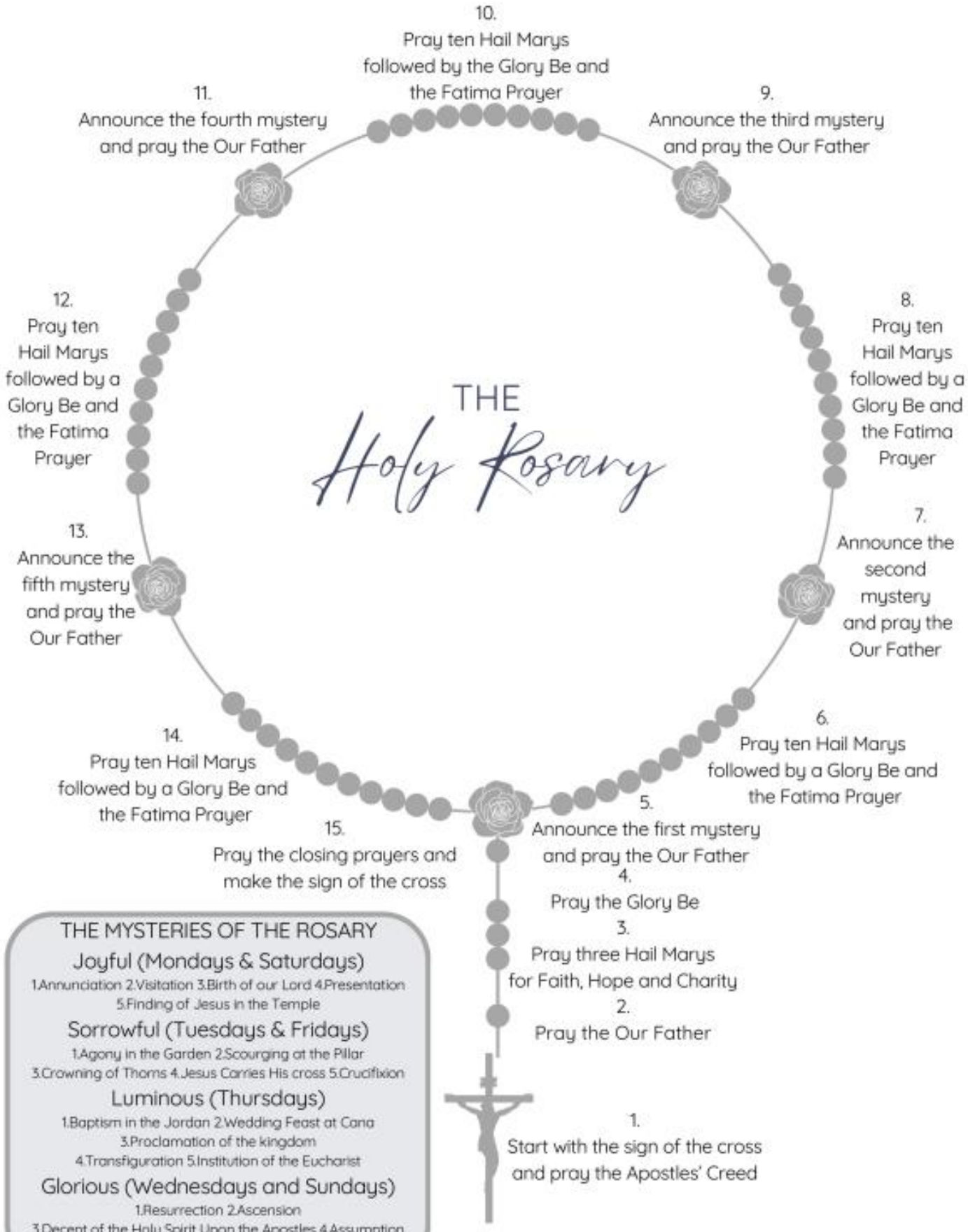
Have I prayed a Rosary with my family?

☐ Yes

☐ No

If not, when would be a good time to pray the Rosary together? _____

- The Month of October is dedicated to Our Lady of the Rosary (Her specific Feast Day is Oct. 7th) and would be a great month to obtain a Rosary and learn how to use it.
- Often people will recite a family Rosary together in the evenings or while driving. Sometimes people like to just hold their Rosary, as a sign of holding Our Blessed Mother's hand and asking her to guide and protect them.
- Use the Rosary diagram on the next page if you need help the next time you say the Rosary.


10.
Pray ten Hail Marys followed by the Glory Be and the Fatima Prayer
11.
Announce the fourth mystery and pray the Our Father
9.
Announce the third mystery and pray the Our Father
12.
Pray ten Hail Marys followed by a Glory Be and the Fatima Prayer
THE
Holy Rosary
8.
Pray ten Hail Marys followed by a Glory Be and the Fatima Prayer
13.
Announce the fifth mystery and pray the Our Father
7.
Announce the second mystery and pray the Our Father
14.
Pray ten Hail Marys followed by a Glory Be and the Fatima Prayer
6.
Pray ten Hail Marys followed by a Glory Be and the Fatima Prayer
15.
Pray the closing prayers and make the sign of the cross
5.
Announce the first mystery and pray the Our Father
4.
Pray the Glory Be
3.
Pray three Hail Marys for Faith, Hope and Charity
2.
Pray the Our Father
1.
Start with the sign of the cross and pray the Apostles' Creed
THE MYSTERIES OF THE ROSARY
Joyful (Mondays & Saturdays)
1.Annunciation 2.Visitation 3.Birth of our Lord 4.Presentation 5.Finding of Jesus in the Temple
Sorrowful (Tuesdays & Fridays)
1.Agony in the Garden 2.Scourging at the Pillar 3.Crowning of Thorns 4.Jesus Carries His cross 5.Crucifixion
Luminous (Thursdays)
1.Baptism in the Jordan 2.Wedding Feast at Cana 3.Proclamation of the kingdom 4.Transfiguration 5.Institution of the Eucharist
Glorious (Wednesdays and Sundays)
1.Resurrection 2.Ascension 3.Decent of the Holy Spirit Upon the Apostles 4.Assumption 5.Crowning of Mary as Queen of Heaven and Earth

Question 26

Has my love for Jesus and Mary grown?

☐ Yes

☐ No

Love needs to be what motivates us and what our Faith is all about.

As humans we need to see, to hear, to touch, to taste and to smell. Jesus is God made visible to us; He is the concrete presence of God that touches our humanity. Because of this, it is most beneficial for our own growth in the love of God to love the God we can see, hear, and touch: Jesus.

Mary is the greatest help we have to receive Christ and to draw near to Him. She continually gives Him to us and as our Mother and Sister she intercedes for us and leads the way. Mary can never be loved "too much" because the more we love her the more she helps us to love Jesus. Jesus wants us to love her as He does.

Has my family attended the monthly Family Faith Formation nights?

☐ Yes

☐ No

Note to Parents:
Thank you for making these nights a priority for your family. Modeling that faith comes first teaches your child to do the same.

My favorite night was on _____

Three things I learned are:

1. _____

2. _____

3. _____

Have I received the Sacrament of Reconciliation recently?

Look back at the Going to Confession book. On pages 26 & 27 we learn that receiving the Sacrament of Reconciliation offers us:

- S_____ G_____: God's life and presence in our soul
- A_____ G_____: the light to see and the strength to do what is good and avoid evil
- Through frequent confession Jesus gives us His own _____ and _____

LEVEL TWO BONUS ACTIVITIES – Set 1
(not required, but highly encouraged)

- ☐ 1. Watch on FORMED.org the **Signs of Grace – You are Loved** series (episodes 1-7)
- ☐ 2. Pray the Stations of the Cross on Fridays during Lent
- ☐ 3. Participate in Eucharistic Adoration, even if just for 10 to 20 minutes

LEVEL TWO BONUS ACTIVITIES – Set 2
(not required, but awesome suggestions)

- ☐ 1. Memorize the "Our Father" in Latin
- ☐ 2. Participate in a weekday Mass
- ☐ 3. Go on pilgrimage to any shrine or church: i.e. St. Joseph Retreat Center in McBain or Cross in The Woods (Indian River)- both are great places to pray outdoor Stations of the Cross; Our Lady of the Woods Shrine (Mio), which is a great place to learn more about some of the Marian apparitions; Bishop Baraga sites (e.g. Holy Cross on Beaver Island, St. Ignatius in Good Hart) - It would be good to read about Bishop Baraga online before going
- ☐ 4. Learn and practice the Spiritual and Corporal Works of Mercy
- ☐ 5. Prepare to be an altar server by learning the names and purposes of the items used for Mass.